



Science. Compassion. Action

Multi-disciplinary Program

Dealing with Depression in Rural Australia

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Audience

Multi-disciplinary;
Counsellors;
GP Registrars;
GPs;
Mental Health Nurse;
Psychologists;
Social Workers.

Duration & Format

8-hours
Face to face
(plus morning tea, lunch,
and afternoon tea)

Topics

Topic 1:
Assessment & Diagnosis
Topic 2:
Management

Time, Location, Cost?

Saturday, 9 December 2023
9:00AM – 5:00PM
Club Forbes, Function Room,
41–43 Templar Street
Forbes NSW 2871
**FREE – This activity is funded
by the Western NSW PHN for
GPs/AHPs in the Western NSW
region.**

Description

Depression is a common condition frequently managed in primary care. Identifying and managing depression in a rural context presents a unique set of challenges for health professionals providing mental health care in their communities.

Dealing with Depression in Rural Australia is a highly interactive, multidisciplinary program developed specifically to address the needs of clinicians delivering health care for people presenting with depression in a rural setting.

Using a case-based problem solving format, the program outlines a practical framework for assessment and management planning readily applicable to primary care.

Learning Outcomes

- Differentiate between the differing sub-types of clinical depression
- Recognise the contribution of biological, social and psychological factors to the current depressive episode
- Assess and manage risk in the depressed patient
- Select pharmacological treatment best suited to the individual patient
- Develop a comprehensive mental health treatment plan derived from the formulation of the depressive episode

Accreditation

- 8 CPD hrs incl. 4 hrs Educational Activity & 4 hrs Reviewing Performance (RACGP & ACRRM)
- Mental Health Skills Training (GPMHSC)

This workshop is eligible for one day of funding under the Emergency Medicine component of the Rural Procedural Grants Program (GPs)



Register online or at education@blackdog.org.au



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